Kepros Posture Training Device

DEC1605

The Team

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Client: KeprosPT & Ted Kepros

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General Info of the Device

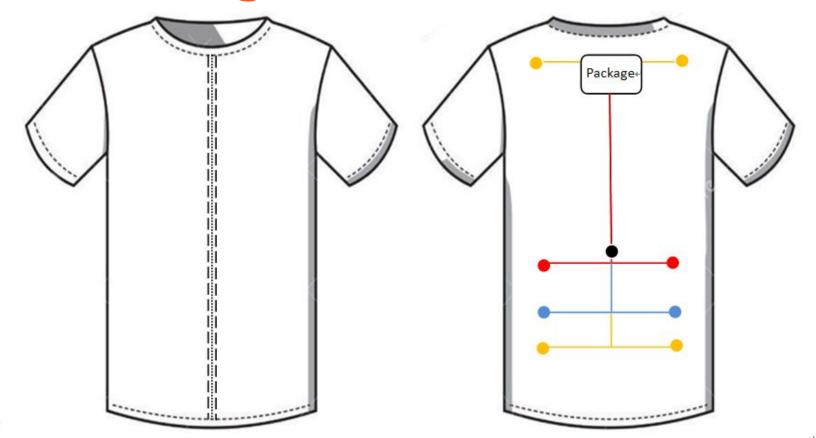
What: A wearable shirt that measures user posture over a specified time period

Users: Patients of Physical Therapists (athletes, anyone with back pain)

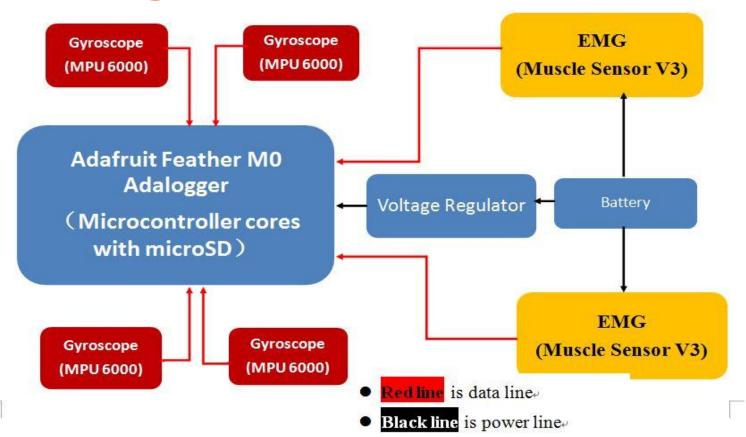
Customer: Physical therapists

Why: Gather data unattainable in the current market

General Design



Block Diagram



Sensors

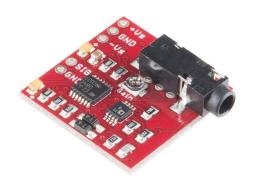
Muscle Sensor V3 (EMG)

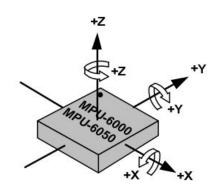
Measure muscle activities by detecting its electric potential



3-axis accelerometer

3-axis gyroscope



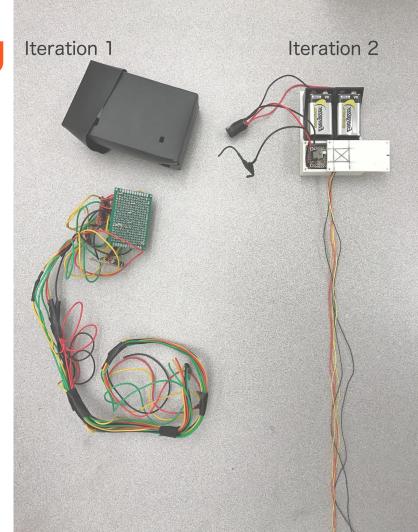


Problem: Big and Clunky

Issue: The capstone was a bunch of breadboards and wires haphazardly stored in a card game deck box.

Reason: Working with the large box on the hip would interfere with measurements

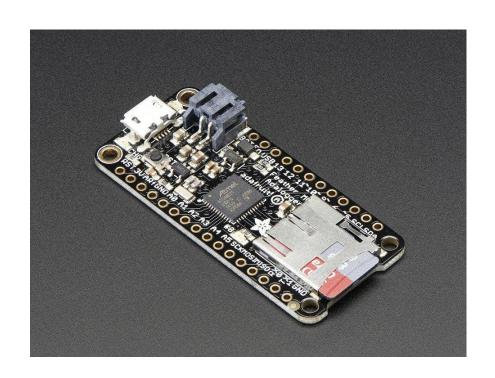
Solution: Rework the wiring harness and microcontroller to fit in a smaller more manageable space



The Brain

The Adalogger M0

- -Higher clock speed
- -Variable analog pins
- -Integrated SD reader



Problem: Adapting the New to the Old

Issue: Getting familiar with the ins and out of the new and old hardware

Reason: Getting functionality for final product

Solution: Hard work and lots of determination

Software we are using

Arduino IDE

Using Arduino Language and libraries to make the Adafruit board compatible

Using 2 I2C buses to read from 4 sensors

Eclipse

Java Code, Runs Arduino Code

Swing for GUI

Library to read from Arduino's Serial, Saving Data to microSD card

Where we are currently

Reading data from 4 sensors simultaneously

Inconsistent readings, address not always recognized

Reading values from the EMG powered from battery connect to the bicep and back muscle

Converting Data to Angles

Testing angular data with our measured data

Demo

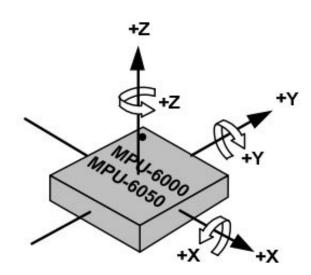


Understandable Angle Readings

• 3-axis accelerometer

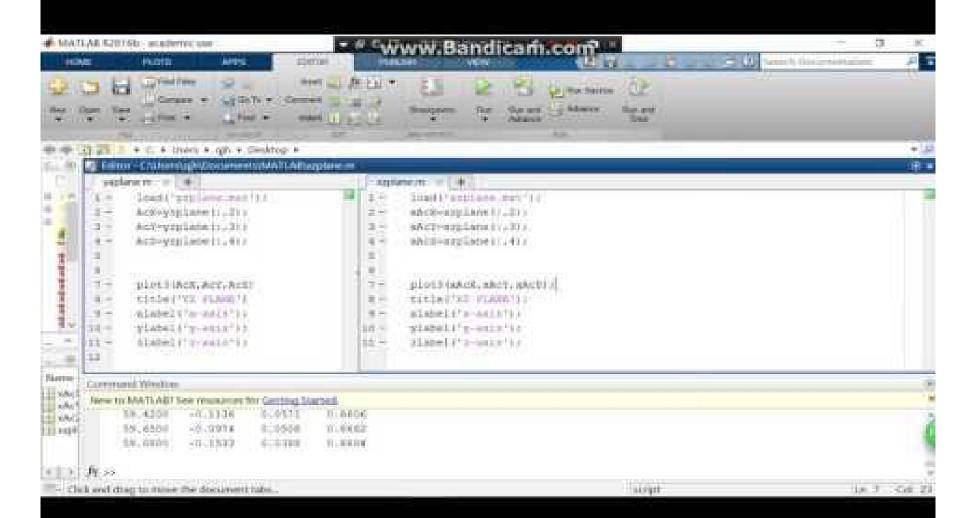
Acceleration component due to gravity

3-axis gyroscope angular velocity



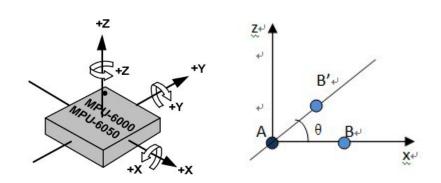
Understandable Angle Readings

```
Uyı V. UV | Uyı
                    I. VU
                          MUL
                                 00.00
                                        UyA
                                                1. 00
AcX = 7.84
             AcY = -2.86
                                                     GyY = 10.12
                          AcZ = 74.82
                                        GyX = -2.61
                                                                    GyZ = -156.43;
AcX = 35.29
             AcY = 6.99
                          AcZ = 74.55
                                        GyX = 0.44
                                                     GyY = -2.63
                                                                   GyZ = -2.58;
             AcY = -0.81 \mid AcZ = 82.31
AcX = -1.87
                                        GyX = -2.24 | GyY = 0.29
                                                                    GyZ = -0.81;
AcX = 0.57
             AcY = -0.44 \mid AcZ = 80.02 \mid
                                        GvX = -2.17 GvY = 0.73
                                                                   GvZ = -0.47:
AcX = 0.75
             AcY = -1.52 \mid AcZ = 79.74 \mid GyX = -2.03 \mid GyY = 0.55 \mid
                                                                   GvZ = -0.35:
AcX = 0.33
             AcY = -0.79 \mid AcZ = 79.76 \mid
                                        GyX = -2.03 GyY = 0.44
                                                                   GyZ = -0.63:
AcX = 0.86
                         AcZ = 80.09
                                                                   GyZ = -0.70:
             AcY = -0.40
                                        GvX = -2.37 \mid GvY = 0.35 \mid
                         AcZ = 80.55
                                        GyX = -2.02
                                                     G_{V}Y = -0.03
                                                                   GvZ = 1.53:
AcX = 1.01
             AcY = 1.74
AcX = 0.66
             AcY = -1.65
                          AcZ = 81.80
                                        GyX = -1.85
                                                      GyY = 0.29
                                                                   GyZ = 129.91:
AcX = -25.93
              AcY = -16.06 \mid AcZ = 78.09 \mid GyX = 0.06
                                                      GyY = 1.91
                                                                     GvZ = 59.07:
AcX = 0.20
             AcY = -0.51
                          AcZ = 80.29
                                        GvX = -2.60
                                                      GvY = 1.44
                                                                   GyZ = -0.96:
                         AcZ = 80.35
             AcY = -0.44
                                        GvX = -2.60 | GvY = 0.58
                                                                   GvZ = -0.72:
AcX = 0.57
                                                                   GyZ = -71.76:
AcX = 1.60
             AcY = -0.81
                         AcZ = 80.18 GyX = -2.53 GyY = 1.51
             AcY = 7.62
                         AcZ = 73.92
                                                     GyY = -0.40
                                                                   GyZ = -437.54:
AcX = 8.46
                                       GyX = -1.68
AcX = 3.78
                         AcZ = 77.56
             AcY = 7.01
                                       GyX = -2.26
                                                     GvY = -0.95
                                                                   GyZ = -0.29:
AcX = 1.27
             AcY = -0.70
                         AcZ = 81.23
                                        GyX = -1.97 | GyY = 0.89
                                                                   GyZ = -0.87;
                          AcZ = 79.89
                                        GvX = -2.17 | GvY = 0.66
                                                                   GvZ = -0.75:
AcX = 1.43
             AcY = -1.10
```

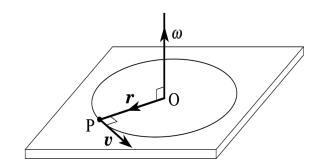


Understandable Angle Readings

3-axis accelerometer
 xz-plane measurement
 yz-plane measurement



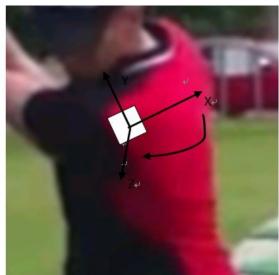
3-axis gyroscope (angular velocity)
 xy-plane measurement

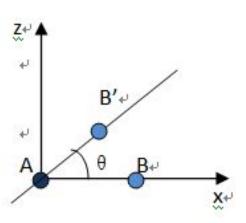


Angle Calculation Formula

Accelerometer



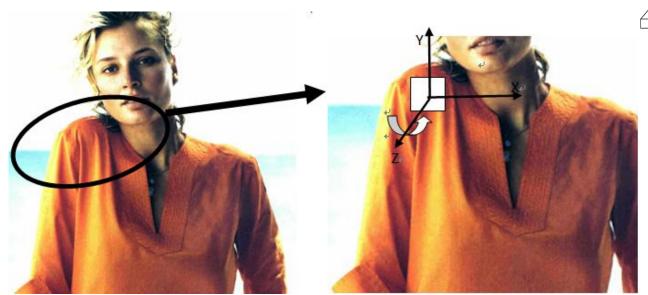


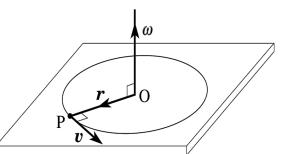


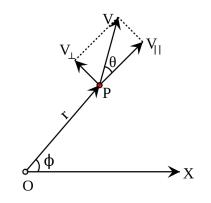
$$\theta = \tan^{-1}(AcX_{B'-B}/AcZ_{B'-B})$$

Angle Calculation Formula

Gyroscope







$$\emptyset = \int_{t_1}^{t_2} \omega \, dt_{+}$$

Test Plan: Custom Agile Methodology

Hardware:

- a. Phase One Proof of design concept
- **b. Phase Two -** Optimization of design
- **c. Phase Three -** Integration with device

Software:

- a. Phase One Proof of design concept
- **b. Phase Two -** Optimization of design
- **c. Phase Three -** Integration with device

Prototype:

- a. Phase 1 Collaboration of components
- **b.** Phase 2 Optimization of prototype device

Questions and Wrap Up

Costs

Gyroscope/Accelerometer (MPU): \$50.00 each (4 total)

Three pad EMG: \$45.00

Adalogger Board: \$35.00

Wiring and Soldering: \$5.00

Casing: \$2.00

9V Batteries: \$5.00

Shirt: \$40.00

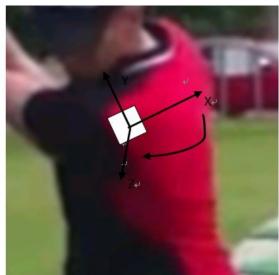
Conductive Adhesive Padding: \$15.00

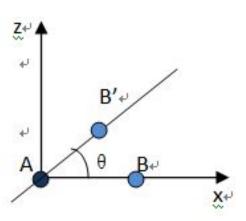
SD Card: \$15.00

Angle Calculation Formula

Accelerometer



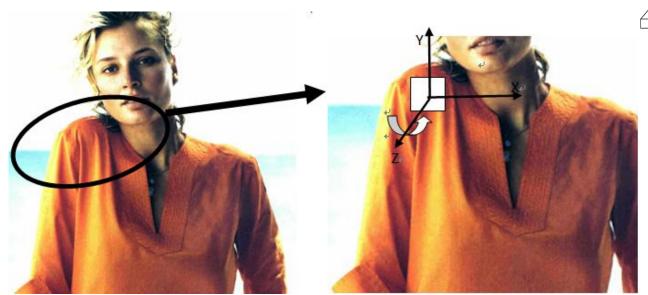


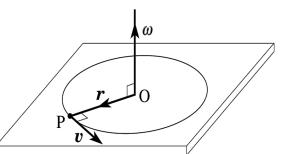


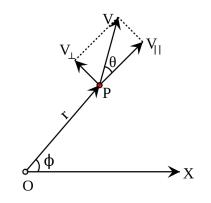
$$\theta = \tan^{-1}(AcX_B / AcZ_B)$$

Angle Calculation Formula

Gyroscope







$$\emptyset = \int_{t_1}^{t_2} \omega \, dt_{+}$$